

# Let's make it **cool and safe** **Water · Shade · Rest**



It is essential to **take a break** from work when it is hot.

## Cool water

Near the worksite  
cool water shall be provided



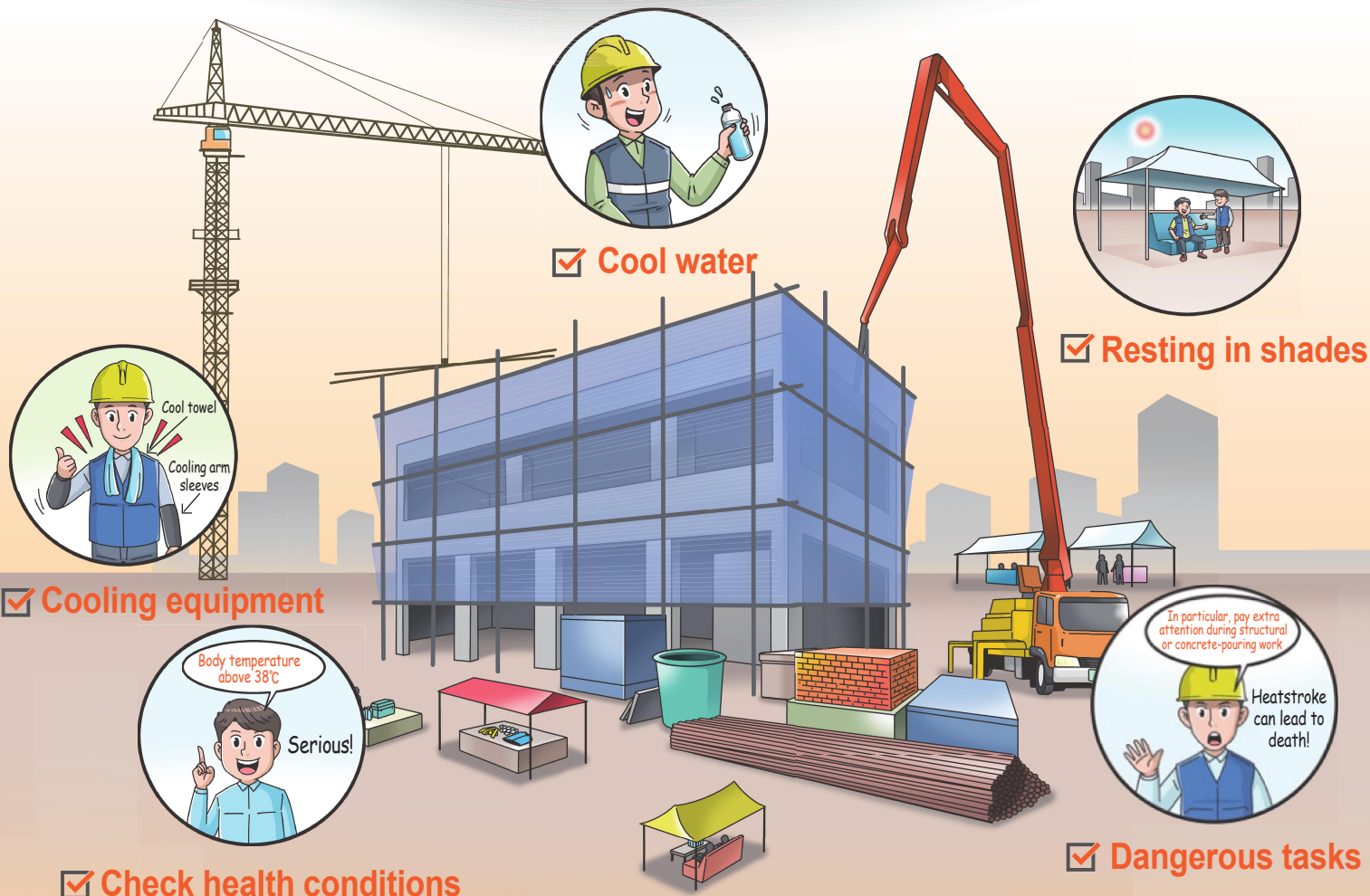
## Cool spaces

shade canopies, and other places for rest  
should be provided



## Breaktime

During the hours of high temperature  
adjust the workload and rest



In case of emergency,

call



send them to a hospital.



✚ In case of a heat-related illness patient ▶ call 119 ▶ take emergency measures until the rescue team arrives ▶ send them to a hospital

✚ Contact number in case of emergency:



For more details,  
use the QR Code  
and refer to the heat-related illness  
prevention guideline.



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# Let's make it **cool and safe** Water · Wind · Rest



Apparent ("Feel-like") Temperature can be lowered through **regular air ventilation**.

## Set/maintain temperature range

Set the range of temperature, and try to maintain the temperature within the range



## Wind (air ventilation)

Regular ventilation or installing a zone cooling system



## Recess hours

During the hours of high temperature lesson the workload and rest

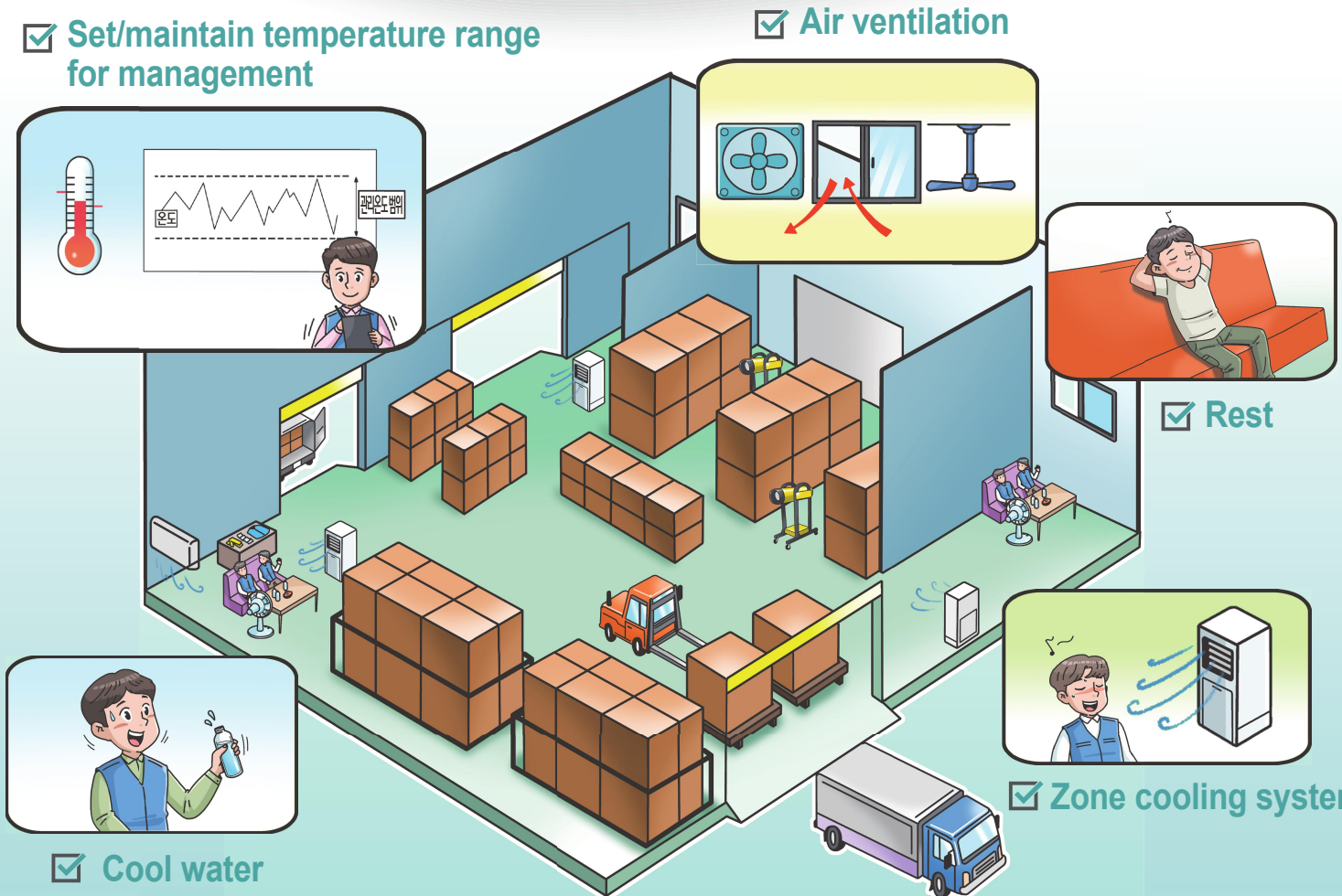
### ☑ Set/maintain temperature range for management

### ☑ Air ventilation

### ☑ Rest

### ☑ Zone cooling system

### ☑ Cool water



In case of emergency,

**call 119** 

**send them to a hospital.** 

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**KOSHA** 